

"It's Not Just Kicking & Punching..."



Shin Shin Dojo – East Islip

36 Hawthorne Avenue, E. Islip, NY Tel: 631 224-3122

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Warrior 4:15 – 4:45	Little Warrior 4:15 – 4:45	Little Warrior 4:15 – 4:45	Little Warrior 4:15 – 4:45	Closed	TLCD Class 8:30 – 9:30
Mighty Warrior	Mighty Warrior	Mighty Warrior	Mighty Warrior		Mighty Warrior
Beginner THRU Yellow 5:00 – 5:45	Beginner THRU Yellow 5:00 – 5:45	Green Blue 5:00 – 5:45	Beginner THRU Yellow 5:00 – 5:45		All Ranks 9:00 – 9:45
Mighty Warrior	Mighty Warrior	Mighty Warrior	Mighty Warrior		Little Warrior
Green Blue 5:45 – 6:30	Green Blue 6:00 – 6:45	Beginner THRU Yellow 6:00 – 6:45	Green Blue 5:45 – 6:30		All Ranks 9:45 – 10:15
Youth	Youth	Youth	Youth		Youth
Beginner THRU Green 6:30 – 7:15	Blue Purple 6:45 – 7:30	Beginner THRU Green 6:45 – 7:30	Blue Purple 6:30 – 7:15		All Ranks 10:15 – 11:00
Youth	Adult All Ranks 7:30 – 8:30	Adult All Ranks 7:30 – 8:30	Youth		Adult
Brown Black 7:15 – 8:00			Brown Black 7:15 – 8:00		All Ranks 11:00 – 12:00

Classes Held on the Last Monday of Every Month – All Regular Classes Cancelled
 Little & Mighty Warrior: 5:00 – 6:00 / Youth 6:00 – 7:00 / Adult 7:00 – 8:15

Black Belt Club

Private Classes Available To Fit Your Schedule. Call today for a FREE trial class! 1-888-LI-NINJA